

**From:** Frydrych, Ashley <[afrydrych@myseminole.com](mailto:afrydrych@myseminole.com)>  
**Sent:** Thursday, June 26, 2025 4:49 PM  
**To:** Hoffman, Leah <[ldhoffman1@msn.com](mailto:ldhoffman1@msn.com)>  
**Subject:** Tri If You Dare - THANK YOU!!

Hi Tri If You Dare Volunteers,

I wanted to say **thank you so much** for volunteering for our Youth Triathlon this past Sunday. It's people like you who make this event so special. I've received phone calls and emails this past week thanking me for a great event and complimenting how nice our volunteers were. I appreciate each of you for not only being on site with us so early in the morning (many of you know I'm not a morning person so I appreciate having the help with set-up), but also for making this a memorable event for everyone involved.

Check out our recap video on our Facebook page: [www.facebook.com/getseminole](http://www.facebook.com/getseminole)

I look forward to working with you again in the future.

Have a happy and safe 4<sup>th</sup> of July!

**Ashley Frydrych**

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# Thank You Volunteers

